

## Labneh Balls with Pistachio in Oil

- Labneh Cheese contains a good amount of protein and fat, plus micronutrients like calcium and vitamin A. Labneh also offers a small amount of several other vitamins and minerals, including phosphorus, potassium and magnesium.
- Pistachio zaatar adds a tiny splash of colour and some crunch to the labneh – its absolutely delicious.



### NUTRITIONAL FACTS

Nutritive value	Serving Per 28 grams of Labneh Cheese
Calories	80
Protein	5g
Fat	6g
Sodium	530 mg (23% of the RDI)
calcium	14% of the RDI
Vitamin A	6% of the RDI
Iron	2% of the RDI